



Ministry of Sport  
of the Republic of Poland



- INVITATION -  
**HEROS Lady OPEN 2020**  
Boguszów-Gorce / Poland  
*27 - 29.11.2020*

*Polish Wrestling Federation & Heros Wrestling Team  
have the honor to invite Your Team to*

**15. International Women's Wrestling Tournament HEROS Lady OPEN**  
*for seniors/juniors, cadets and younger*

Information regarding COVID – 19

For the foreign participants of international tournaments in Poland there is  
NO OBLIGATORY QUARANTINE.

THE ONLY OBLIGATION is to present during border control a letter signed by Polish  
Federation that confirms your participation in such event.

Organiser:	<b>Ministry of Sport of the Republic of Poland Polish Wrestling Federation Heros Wrestling Team</b>
Date:	<b>27 - 29.11.2020</b>
Location:	The competition, weighing and bouts will be arranged in: <b>58-370 BOGUSZÓW-GORCE, ul. Waryńskiego 10</b> (Sporthall)
Arrival:	<b>Friday, 27th November 2020</b> , till 18:00, BOGUSZÓW-GORCE, ul. Waryńskiego 10
Competition for:	<b>WOMEN: Seniors/Juniors + Cadets + Younger</b>
Age groups and weight categories:	<b>Seniors/Juniors born 2002 and earlier (18 yrs + ):</b> <b>50, 53, 55, 57, 59, 62, 65, 68, 72, 76 Kg /+ 2 Kg /</b> <b>Cadets 2003—2006:</b> <b>40, 43, 46, 49, 53, 57, 61, 65, 69, 73 / no weight tolerance</b> <b>Younger 2007—2010:</b> <b>27, 30, 33, 36, 39, 42, 46, 50, 54, 58, 62, 66 kg / no weight tolerance</b> <i>(The smallest categories may be joined or changed depending on number of girls and their weight)</i> Each athlete must have passport or license to present at the weigh-in.
Final entries:	The final applications must be submitted before <b>25th November</b> to: <b><a href="mailto:zapasy@interia.pl">zapasy@interia.pl</a></b>

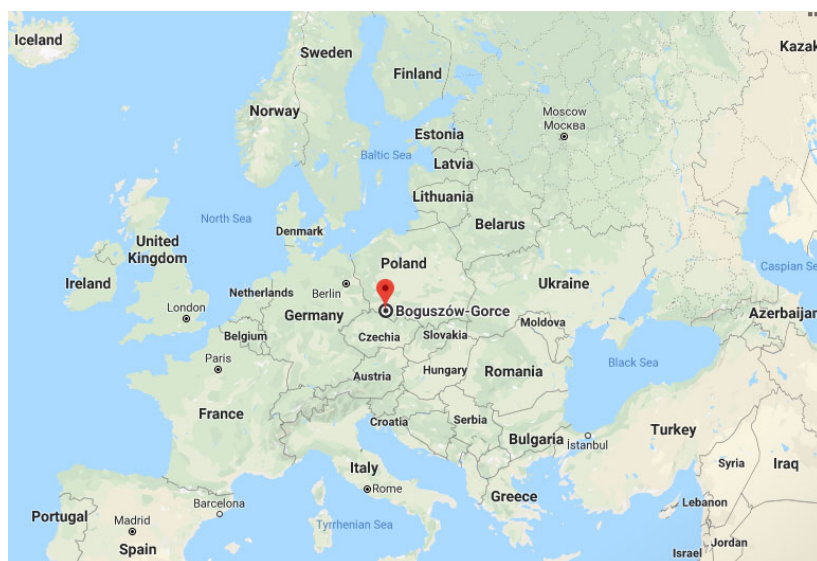
Referees:	The teams are asked to take a referee ( <i>we cover costs of accommodation and hotel for each referee also referee earn for his job 50 €</i> ).
Costs:	<u>Board and lodging (in hotel):</u> <b>35 euro per person / per day</b>
<b>PROGRAM</b> <i>(schedule)</i>	
<b>Friday, 27 November 2020</b>	15.00—18.00 – arrival of teams 15.00—19.30 – weigh-in for all categories
<b>Saturday, 28 November 2020</b>	09.00—09.30 – opening ceremony 09.30—19.00 – elimination matches about 13.00 – dinner (in the competition place)
<b>Sunday, 29 November 2020</b>	09.00—12.00 – finals for bronze and gold medals and awarding ceremony about 12.00 – dinner (in the competition place)



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**!In case of new COVID-19 restrictions our schedule can be changed!  
We will inform You of any changes.**



*In 2019 our competition numbered 366 girls from 15 countries - Hungary, Austria, Croatia, Italy, Latvia, France, Germany, Sweden, Russia, Belarus, Netherlands, Czech Republic, Estonia, Greece, Kazakhstan and Poland with many medallists of European or World Championship.*

**HEROS BOGUSZÓW-GORCE**

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**[www.herosladyopen.pl](http://www.herosladyopen.pl)**