

INVITATION



International Training Camp

EURO CAMP

in Female Wrestling

3-8.12.2023

Boguszow - Gorce / Poland



Dear wrestling friends, like every year we would like to invite You to the **“International Training Camp”** after the tournament **“Heros Lady Open 2023”**.

Euro Camp will be held on **3-8.12** in Boguszów-Gorce.

Beginning of the Training Camp:

On Sunday evening, **3rd December** after the “Heros Lady Open” (swimming pool and wellness, meeting with coaches and discussion of the training camp program)

First training:

On Monday morning, **4th December**

Trainings:

SPORTS HALL (Address: ul. Olimpijska 1, 58-371 Boguszów - Gorce).

Last training:

On Friday morning, **8th December** (lunch after training)

Board and lodging mainly in:

HOTEL “PIOTR” (Address: ul. Tadeusza Kościuszki 4, 58-371 Boguszów - Gorce) / near sporthall

Costs:

Full board (accommodation and food in hotel) + trainings:
45€ per person per day.

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